

# MAVA HOLIDAYS INDONESIA

## BEST OF BALI ACTIVITIES

### DAY TRIPS AND EXCURSIONS

Explore the Island of the Gods with Mava Holidays



#### TO THE ARTISTS' VILLAGE (9h) \*

##### MHL01

This full day trip will bring you to the artists' village of **Ubud**, renowned for its painting and century-old cultural traditions. Your tour begins with a **Barong & Kris dance**, a fascinating dance drama about the eternal battle between good and evil. Your next visit is the **traditional compound** of a well respected Balinese family of wood sculptors who will introduce the **art of wood carving** to you. Then on to Ubud, where you'll visit the **royal palace**, where the elite of Bali's dancers perform traditional **dance performances** in the evening. We then take you on a **rice field walk** through Ubud's gorgeous *padis*, where you will enjoy an **organic lunch** in a restaurant surrounded by palm trees and rice fields. Finally, we visit the extravagant **Antonio Blanco museum** with its splendid collection of colorful and sensual paintings.

**Departure from your hotel at 08.30h**

#### IN THE SHADE OF THE MOUNTAIN (8h) \*

##### MHL02

One of the most exciting full day trips you can make on Bali. Your first stop is an exquisite workshop in **Celuk village**, where you can admire the craftsmanship of its reputed **alchemist silversmiths**. Many Celuk people belong to the **Pande caste**, said to have stolen the secret of forging fire and base metals into power from the Gods. Then we bring you to a local *kebun*, a Balinese **fruit and spice garden**, where you can also witness the burning process of the famous 'kopi Bali' coffee beans. Next up is a **picture stop** at some of Bali's most picturesque **terraced rice fields**. Then on to the mountain town of Penelokan-Kintamani, where you enjoy **lunch** with the

spectacular **panorama of Mount and Lake Batur**. On the way back you make a final halt at Tampaksiring, location of spectacular **royal tombs** and a **holy springs** site.

**Departure from your hotel at 08.30h**

### **CROWN JEWELS OF THE EAST (9h) \***

#### **MHL03**

This full day trip offers a mix of nature and culture. Your first stop is the **mother temple Besakih** on the slopes of the Gunung Agung **volcano**. Located at 900 meters above sea level, this temple complex is the biggest and most important on the island. It counts about 35 temples. For Balinese Hindus, this is the most important temple site in the world. According to their belief, once a year the full pantheon of Hindu gods comes down from heaven to Besakih to bless the entire world. Then onwards to **Kastala**, a gorgeous village surrounded by terraced rice fields. From here you will undertake a guided walk through breathtaking natural scenery to an ancient Balinese *Aga* village, where you will **learn from a priest** how the ancient Hindu scriptures are handwritten onto lontar palm manuscripts. Along the way back to your hotel you'll make a stop at Goa Lawah, meaning **Bat Cave**. Inside this impressive **sea temple**, you'll see thousands of bats hanging just behind the temple that was built in front of the cave. And don't forget to stop at the **fishermans village** of Kusamba, to enjoy the local **fish delicacies** *ikan pepes* and *sate lilit*.

**Departure from hotel at 08.00h**

### **THE WIDE OPEN COUNTRY (8h) \***

#### **MHL04**

Today you'll encounter Bali's **magnificent terraced rice fields**, highland life and plenty of idyllic views. This popular tour starts with a visit to Bali's **Butterfly Park**. At **Jatiluwih** you'll find the most scenic rice terraces on the island, and a bit further up the mountain slope a gorgeous **hidden jungle temple** can also be visited. At **Bedugul** with its cool climate you'll first visit the **fruit market** and then the Beratan **crater lake** with its dramatic **water temple**.

**Departure from hotel at 08.30h**

### **IN THE FOOTSTEPS OF NIRARTHA (6h) \***

#### **MHL05**

This afternoon tour will bring you through the most beautiful rural scenery of Tabanan regency, known as the green lung of Bali, to the island's most iconic sites. After a visit to the **ancient gate of Sangeh**, which is guarded by monkeys, we bring you to the **royal park temple** Taman Ayun in Mengwi. Afterwards we head for Bali's most **picturesque temple site**. We drop you off at the splendid **Pan Pacific Nirwana** Golf Resort near the temple site, where you enjoy a **tea break** with snacks in the **sunset lounge**, overlooking the temple, and can walk along the beach to **Tanah Lot**, Bali's most iconic sea temple.

**Departure from hotel at 13.00h**

### **A ROMANTIC OUTING (12h) \***

#### **MHL06**

In the morning we bring you to the southernmost part of Bali, home to some of the islands best beaches. We first descend to a **hidden white sand beach** that can only be accessed by percolator. Here you can swim, relax and enjoy lunch at an exclusive **beach club**. After a stroll on the famous Padang Padang **surfer's beach**, renowned as the worlds best location for tubing, we move on to **Pura Uluwatu**. This important directional **sea temple** is impressively located on the western edge of a **limestone pensinsula**. Beware of the holy but naughty monkeys guarding the site! At sunset an ensemble of actors and a choir perform a **hypnotic fire dance** here. From the amphitheatre you look down into the arena, where 50 bare-chested men clad in black and white skirts rhythmically utter the 'cak cak' sound. As **the sun sets** magically on the Indian Ocean, you do feel the **trance effect** of the chanting.

**Departure from hotel at 09.30h**

### **WILD WATER RAFTING (7h) \*\***

#### **MHL07**

14 km worth of rafting on the fast flowing **Ayung or Telaga Waja river**. After this **spectacular trip** through this unspoilt valley you reach the restaurant where you can enjoy thinking back on the many rapids you've just overcome. Transfers and **lunch** are included. **Advice:** bring sun screen, change of clothes and sneakers.

**Departure from hotel between 07.45h and 08.15h**

### **BALINESE COOKING CLASS IN UBUD \***

#### **MHL08**

In the morning we bring you to Ubud's **traditional market** to see the spices and ingredients that we will use for the delicious dishes that you will be preparing. Today you will also learn to **prepare a traditional Balinese meal**. From the market, it's a short 5 minute drive to the comfortable Balinese home of your hosts, where you will enjoy your cooking class. Here, with the assistance of our staff, you will learn how to prepare a **nine course** Balinese feast. The delicious menu consists of **smoked duck**, smoked chicken, **chicken sate**, tempe and tofu, fried noodle, been sprout, **gado-gado** (mixed vegetables), peanut sauce and hot **spicy sambal**. After finishing cooking you can relax and enjoy your Balinese feast overlooking the **beautiful gardens** and water pond at the home of your Balinese hosts. After lunch, we will return to your villa.

**Departure from hotel at 08.00h**

### **WAKA LAND ROVER CRUISE (8h)**

#### **MHL09**

Strike out into the heartland of Bali by customized **Land Rover**. You'll share many a picture perfect moment driving through Tabanan regency, Bali's most fertile region or '**rice basket**'. You will see people at work at an **ancient quarry**, visit a **traditional farmhouse** where locally grown coffee and Balinese sweets are served, admire an impressive temple hidden in the forest, and make a **soft trekking** through the rice fields. In between an exquisite **Balinese lunch** is served in a bamboo restaurant on

the slopes of Mt. Batukaru. You'll have time aplenty to wind down and enjoy being **in the midst of the jungle** over Australian wine, Balinese coffee and cognac.

**Departure from hotel at 08.30h**

### **MOUNTAIN BIKING (7h)\***

#### **MHL10**

On this **private** Mountain Bike **cycling trip** you are driven to a mountain village near the crater's edge of a volcano. After enjoying **breakfast** with panoramic **view of the volcano**, you descend past roads and paths where you normally wouldn't have access to. In the company of an experienced guide you'll pass rice fields, villages, temples and bamboo forests. Includes breakfast, **lunch**, hotel transfers and good bicycles. Children have to be older than 7 years.

**Departure from hotel at 08.00h from Kuta and at 08.30h from Sanur area**

### **VOLCANO SUNRISE TREKKING (10h) \***

#### **MHL11**

You are picked up at your hotel in the early morning, and driven to the **foot of Mt. Batur**, where you start the **hike to the rim of the volcano**. Under guidance of an experienced guide it's 2 hours to the top and another 2 hours to return. At **sunrise** you enjoy breakfast with a beautiful view of the volcanic landscape, Lake Batur and Gunung Agung volcano. Upon returning we stop at a nearby **natural hot spring** for a relaxing swim. The **sulphuric** water here is rich in minerals and is said to relieve joint pains, give good health and wonderful skin texture. Afterwards you return to your hotel in the south. **Advice:** bring solid hiking shoes, long pants (nights are cool), sweater, sunscreen & a good physical condition.

**Extra: can be combined with downhill cycling.**

**Departure from hotel between 02.00h and 03.30h**

### **MUNDUK WILDERNESS ADVENTURE (8h)**

#### **MHL12**

In the morning you travel to a **mountain town** in Northwest Bali. At the Wilderness Base Camp, we introduce you to the unique all terrain **Fin Komodo vehicle**. After receiving safety instructions for driving the Fin, you start with a fun drive down to the **Tamblingan crater lake**, where you visit an **ancient Buddhist temple**, before boarding log canoes and **paddling across the lake**. You then head up into more challenging territory through mandarin and coffee **orchards**. There you leave the Fin for a short **trek into the rain forest**, where you'll see trees more than 100 years old. After a **downhill ride**, your last stop is an authentic **coffee plantation** where you will experience some of Bali's local coffee culture. Afterwards, drive back to the base camp for a **delicious lunch** overseeing the lowlands of Bali below. After a refreshing **shower**, we bring you back to your hotel. Soap, shampoo and bath towels are provided.

**Departure from hotel between 07.30h and 08.30h**

## **SAILING TO LEMBONGAN (9h)**

### **MHL13**

A wonderful day to the island of Lembongan to get that true sailing feeling. Once you are on board, the captain will turn off the engine of his **catamaran** for at least an hour coming from or going to Nusa Lembongan. On the island you will dock at a **beach club**, where sun beds, swimming pool, showers and lots of activities await you. Anything from table tennis to canoeing is available. You can also jump in the **glass bottom boat** to admire the fish and corals, or **snorkel** to your heart's content (mask and fins are included).

**Departure from hotel between 07.30h and 08.30h**

## **BAMBOO SHOOT: A JOURNEY OF ECO DISCOVERY (9h) \***

### **MHL14**

Today you will explore the world of bamboo, following the journey of freshly harvested bamboo to the design workshop. From a hidden **jewelry factory & showroom**, where you will join the local employees for lunch, along the renowned **Green School** campus and the world's biggest **bamboo chocolate factory**, and on to the luxurious private residences at the **Green Village**. You'll hear the story of a 10 year journey in bamboo design and building, and see first-hand the work of **master Balinese craftsmen** and the advanced innovation of **sustainable architecture**, all clustered around a sleepy river valley surrounded by forests and rice fields.

**Departure from hotel between 08.30h and 10.00h**

## **TJAMPUHAN SPA (4h) \***

### **MHL15**

Bali's **most natural spa** is composed of several semi-open **river edge treatment pavilions** inside a sunken carved **stone grotto**. In this natural setting **experienced Ubud therapists** will give you a reinvigorating **traditional Mandi Lulur** - the epitome of Balinese massage. Detoxifying & stimulating **herbal skin preparations** flush away all tension, followed by a cooling **yoghurt rub** for Ph balance, with the final touches of a Bali **flower bath** and fresh pressed **herbal tonic**. After you've taken in the views of the sacred **Oos and Tjampuhan Rivers**, we bring you back to your hotel.

**Departure from hotel at the earliest at 09.00h and at the latest at 16.00h**

### **NOTES:**

\*For these tours a minimum of 2 participants is required.

For selected private tours 1 person traveling alone will be charged 1½ times the adult price.

\*\* Families who want to do white water rafting with children under 13 are not allowed on the Telaga Waja river.

Land arrangements are private & include:

- Airconditioned transportation with fuel, driver, tourist transportation license, Balinese traditional clothing for temple visits, chilled water bottles
- All entrance fees
- All parking fees and donations

### **ASK OUR TEAM OF EXPERTS ABOUT THE FOLLOWING TOURS AND ACTIVITIES:**

- ❖ Balinese dance classes, private or in a *sanggar tari* (Balinese traditional dance school)
- ❖ Private Balinese shadow puppet play performances by a *dalang*
- ❖ Balinese classical painting classes by a master painter
- ❖ Visit to a traditional healer or *balian*
- ❖ Fishing with local fishermen
- ❖ Snorkel trip to a hidden lagoon
- ❖ Snorkel trip to Menjangan Island
- ❖ Scuba diving
- ❖ Learn to surf
- ❖ Watersports
- ❖ Dolphin watching tours
- ❖ Swimming with dolphins
- ❖ Elephant Safari Park
- ❖ Bali Bird Park
- ❖ Theta Spa by The Sea
- ❖ Car rental with or without driver